



Parent's Guide-Observation/Specialist checklist

What You Notice
About Your Child

Possible Solution
or **Next Steps**

Specialist
Who can Help

Difficulty with speech sounds (e.g. Tat for Cat, Widdle for little)	Speech and language assessment	Speech and language Therapist
Trouble with fine motor skills (e.g. handwriting, using utensils)	Fine motor skills assessment	Occupational Therapist
Difficulty with reading or writing Such as signs of dyslexia	Dyslexia assessment	<ul style="list-style-type: none">• Speech and Language Therapist• Psychologist
Challenges with coordination or physical activities	Gross motor skills assessment	Physiotherapist
Emotional struggles Anxiety or difficulty regulating emotions	Emotional or behavioral assessment	<ul style="list-style-type: none">• Occupational Therapy• Psychologist
Social difficulties (e.g. making friends, understanding social cues)	Social skills evaluation	<ul style="list-style-type: none">• Speech and language therapist• Occupational therapist• Psychologist
Sensory sensitivities (e.g. trouble with noise, textures, or lights)	Sensory integration assessment	Occupational Therapist
Difficulties with routine and behavior	Behavioral and daily living skills assessment	<ul style="list-style-type: none">• Occupational Therapy• Psychologist• Counseling
Developmental delays Such as not speaking by age two	Developmental milestones assessment	Speech and language therapist